

10 Fair Trade Products to Look for:

1. Tea
2. Chocolate
3. Bananas
4. Sugar
5. Rice
6. Vanilla
7. Apparel
8. Wine
9. Olive oil
10. Coffee

If your local stores don't carry these items, you can find places to buy them in Green America's National Green Pages™, a free benefit of membership.

5 Things You Should Always Buy Green

1. **Paint**
Look for: Low or, ideally, no-VOC paint.
2. **Paper**
Look for: Paper products with a high post-consumer recycled content.
3. **Light bulbs**
Look for: Compact Fluorescents.
4. **Appliances**
Look for: Appliances with the Energy Star label.

5. **Fruits and Vegetables**
Look for: Organic, local, in-season produce.
- Most important to buy organic to avoid pesticide residue:
 Apples, Bell Peppers, Celery, Cherries, Imported Grapes, Nectarines, Peaches, Pears, Potatoes, Raspberries, Spinach, Strawberries

10 of the Worst Corporate Criminals to Avoid:

1. Wal-Mart
2. ExxonMobil
3. Coca-Cola
4. Nestlé
5. Monsanto
6. General Motors
7. Dominion
8. Citigroup
9. Shell Petroleum
10. McDonald's

To learn what they are doing wrong – and how you can stop them – go to www.GreenAmericaToday.org, click on Responsible Shopper